

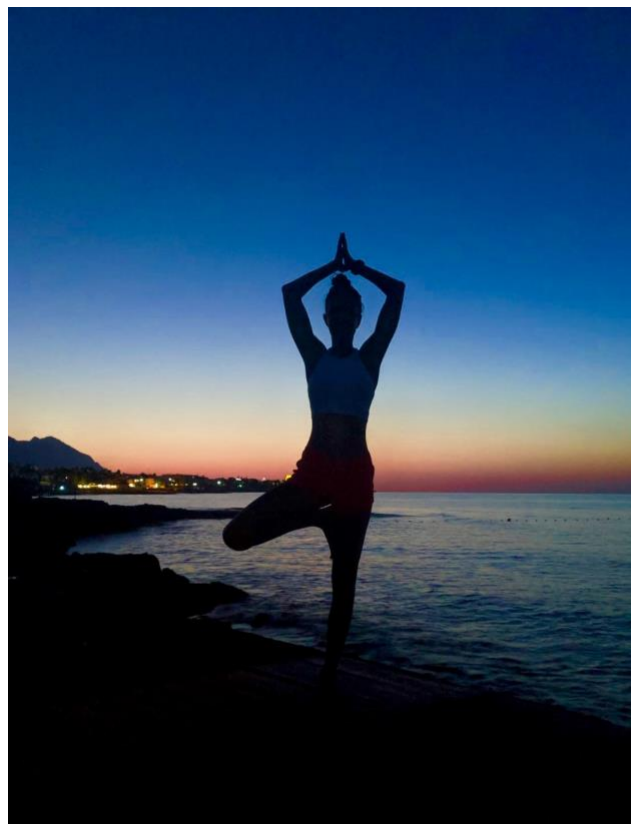
North Cyprus Yoga & Pilates Holiday

5th-12th September 2026

£1400 p/p*

*Based on 2 people
sharing a standard
double/twin room with
private bathroom (single
room and upgrade
options available).

Pay deposit



Close your eyes and take a deep breath...Can you hear the waves of the Mediterranean and smell the sea? How about the morning and evening sun kissing your skin or the warm sand under your feet? Now exhale and join me for a holiday filled with Yoga, Pilates, Meditation, sun, and fun in Northern Cyprus.

The retreat will be held at the family run, rustic, green, tranquil, peaceful, beautiful Riviera Beach Bungalows. You can choose to share your room with another yogi/yogini, stay on your own or upgrade to a superior room. You will have the opportunity to practice your morning/evening yoga by the beach, or at the excursions arranged by Side Tour.

September weather in Northern Cyprus is relatively cooler than peak summer but still warm enough to enjoy a late summer holiday. The average temperature during the day is 30°C, evening 22°C, and the sea 26°C, with a 10-hour uninterrupted sunshine daily.

Optional Extras:

- Scuba Diving Paragliding
- Mountain Safari
- Nicosia/Famagusta tours
- Local 'Meyhane' dinner
- Massages
- Boat Tour

Reserve now

Prices are inclusive of:

- 7-night accommodation at Riviera Beach Bungalows (5-night option available).
- Daily 1 hour Yoga and/or Meditation and 1 hour Pilates sessions with Suzan Altay (either at the Riviera or at sightseeing destinations by the beach/mountains/boat).
- 3 days Half Board (breakfast & dinner), 3 days Full Board (breakfast, lunch & dinner), 1 day dinner, 1 day breakfast.
- Excursion transfers and tour guides.
- Antiphonitis and Buffavento Castle tour.
- Kantara Castle and Incirli Cave tour.
- Karpaz Peninsula tour.

Prices are exclusive of:

- Flights
- Private Airport Transfers:
Ercan Airport-hotel transfer, £70 o/w
Larnaca Airport-hotel transfer, £100 o/w
Paphos Airport-hotel transfer, £170 o/w
- Room supplements:
Single Supplement in a standard room: £190 p/w
Single Hotel Room, Sea View upgrade: £240 p/w
Double Hotel Room, Sea View upgrade: £70 p/w
- Extra nights at the hotel (HB):
Double Standard Room: £65 p/p (single room supplement +£30)
Double Hotel Room, Sea View: £70 p/p (single room supplement +£35)

Itinerary:

- **Day 1, Saturday 5th September 2026:** (2 hours yoga/Pilates/meditation and dinner included) Transfer from airport to Riviera Beach Bungalows. 14:00 Check-in to the hotel. Free evening.
- **Day 2, Sunday 6th September 2026:** (2 hours yoga/Pilates/meditation and breakfast & dinner included) Free day & evening.
- **Day 3, Monday 7th September 2026:** (2 hours yoga/Pilates/meditation and breakfast, lunch & dinner included) Day trip to Karpaz Peninsula. Driving along the northern coastal road to the far end of the peninsula we'll have a coffee break at Island of Beach, lunch at Oasis Restaurant and head to the bluest Ayfion Beach for some free time to swim, relax and do sunset Yoga/Pilates/Meditation. After sunset will head back to Kyrenia. Free evening.
- **Day 4, Tuesday 8th September 2026:** (2 hours yoga/Pilates/meditation and breakfast & dinner included) Free day & evening.
- **Day 5, Wednesday 9th September 2026:** (2 hours yoga/Pilates/meditation and breakfast, lunch & dinner included). Experience the ultimate mountain escape as we journey into the heart of the Five Finger Mountains, where the scent of pine and crisp, oxygen-rich air sets the stage for a day of discovery. Our adventure begins at the 12th-century Church of Antiphonitis, a hidden architectural marvel built over a natural spring and the only surviving example of its kind in Cyprus. Here, amidst ancient pillars and panoramic views of the Mediterranean and distant Anatolia, we will find our center with a soul-soothing yoga session inside the historic sanctuary. This sacred space offers a rare atmosphere of tranquility, allowing you to breathe deeply and connect with the island's spiritual past. After recharging with a traditional local lunch, we'll conquer the heights of Buffavento Castle, the legendary "Defier of Winds." Perched 955 meters above sea level, this former Byzantine watchtower offers a rewarding climb that unveils the island's most spectacular 360-degree views, stretching from the Kyrenia coastline all the way to the Troodos peaks. You will stand where ancient guards once watched for raiders, marveling at how such a monument was built on these jagged cliffs. We'll cap off this unforgettable day by watching a magnificent sunset paint the foothills in gold before descending back to the hotel. Free evening.
- **Day 6, Thursday 10th September 2026:** (2 hours yoga/Pilates/meditation and breakfast & dinner included) Free day & evening.
- **Day 7, Friday 11th September 2026:** (2 hours yoga/Pilates/meditation and breakfast, lunch & dinner included) After breakfast at the hotel, we set off along the shimmering coastal road of Kyrenia, winding our way toward the eastern heights of the mountain range. Our first destination is the majestic Kantara Castle, the final guardian in the island's ancient northern defensive line. As you wander through its medieval ruins, you'll feel transported back to an era of knights and crusaders, but it is the summit that truly steals the show. From the top, you are treated to a breathtaking 360-degree panorama of both the northern and southern shores. In this serene, high-altitude setting, we will enjoy a transformative yoga session and a leisurely picnic, allowing you to soak in the atmosphere and the endless horizon at your own pace. From the heights of the peaks, our journey dives deep into the earth to explore the hidden wonders of Incirli Cave. This 200,000-year-old subterranean masterpiece, tucked away behind a modest entrance, reveals a glittering gallery of white gypsum formations, stalactites, and stalagmites in a stunning array of shapes and sizes. Walking through these cool, frosted chambers feels like stepping into a natural cathedral, offering a fascinating contrast to the sun-drenched ruins above. After uncovering the secrets of this ancient underground world, we will make our peaceful drive back to Kyrenia, having experienced the very best of Cyprus from its highest towers to its deepest heart. Free evening.
- **Day 8, Saturday 12th September 2026:** (2 hours yoga/Pilates/meditation and breakfast included) 12:00 Check-out from the hotel. Transfer from Riviera Beach Bungalows to the airport.

LearnYogaLondon 5th – 12th September 2026 Yoga & Pilates Holiday Terms and Conditions:

1. Booking and Payment

- A deposit of 40% of the retreat price is required to secure a participant's place.
- The deposit covers administrative costs and supplier reservations and is non-refundable except where required by applicable law.
- The remaining balance must be paid no later than 4 weeks prior to retreat commencement.
- Bookings made within 4 weeks of the retreat start date must be paid in full at booking.
- Failure to pay any balance by the stated deadline may result in cancellation of the booking.

2. Participant Cancellation and Withdrawal

- Pre-start cancellation refunds (excluding deposit): 0–2 weeks 0%, 2–4 weeks 25%, 4–8 weeks 50%, over 8 weeks 100%.
- Once the retreat has commenced, no refund, pro rata reimbursement or credit will be due for voluntary early departure, withdrawal, unused services or missed activities except where required by law.

3. Program Delivery and Reasonable Changes

- Itineraries are indicative and may be adjusted due to weather, safety, supplier availability, transportation disruption, local conditions, operational requirements, group needs or circumstances beyond reasonable control.
- Reasonable substitutions or modifications to schedules, instructors, venues, excursion order, session timing, locations or activities do not constitute cancellation, breach or grounds for refund where the retreat is substantially delivered.

4. Outdoor Activities and Session Flexibility

- Outdoor practices are weather dependent and not guaranteed in exact form.
- Indoor, rescheduled or substitute sessions may be provided and shall not constitute non-delivery where the program is substantially delivered.

5. Accommodation

- Accommodation will be provided as booked or substituted with comparable standard where reasonably necessary.
- Single room supplements provide sole occupancy only and do not guarantee subjective preferences unless expressly stated.

6. Substantial Performance and Minor Variations

- Minor deviations, shortened sessions, substitutions or rescheduling do not constitute material failure where the retreat is substantially delivered.

7. Participant Responsibilities

- Participants are responsible for travel documents, fitness to participate, compliance with safety guidelines and respectful conduct.

8. Complaints Procedure and Opportunity to Remedy

- Concerns must be raised promptly during the retreat to allow reasonable opportunity to remedy issues.
- Complaints first raised only after departure or completion may affect entitlement to remedy.

9. Subjective Dissatisfaction

- No refund or compensation is due for dissatisfaction arising from personal preferences, group dynamics, pace of travel, guiding style, weather or subjective expectations where services were substantially delivered.

10. Third-Party Suppliers

- Third-party supplier goodwill refunds do not create additional refund obligations for LearnYogaLondon.

11. Cancellation by LearnYogaLondon

- Retreats may be cancelled or reasonably substituted due to insufficient numbers, safety concerns, instructor unavailability or force majeure.

12. Force Majeure

- No liability for delays or modifications caused by events beyond reasonable control; reasonable alternatives may be provided.

13. Travel and Cancellation Insurance

- Participants are required to obtain adequate travel, cancellation and medical insurance.

14. Limitation of Liability

- To the fullest extent permitted by law, liability is limited to the amount paid by the participant (subject to solicitor review).

15. Pre-Action Resolution

- Parties agree first to seek resolution in good faith and, where appropriate, mediation before proceedings.

16. Governing Law and Jurisdiction

- Governed by the laws of England and Wales.

Booking Acknowledgement

- Participant acknowledges itinerary flexibility, weather dependency, substitutions, no refund for voluntary early departure, complaint procedure, and insurance requirement.

