

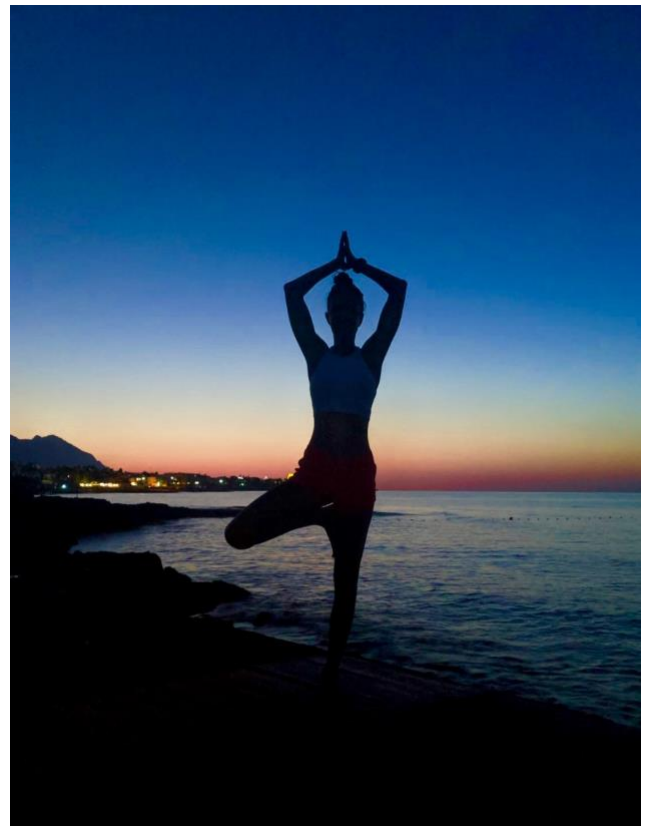
# North Cyprus Yoga & Pilates Holiday

20<sup>th</sup> -27<sup>th</sup> June 2026

£1400 p/p\*

\*Based on 2 people sharing a standard double/twin room with private bathroom (single room and upgrade options available).

Pay deposit



Close your eyes and take a deep breath...Can you hear the waves of the Mediterranean and smell the sea? How about the morning and evening sun kissing your skin or the warm sand under your feet? Now exhale and join me for a holiday filled with Yoga, Pilates, Meditation, sun, and fun in Northern Cyprus.

The retreat will be held at the family run, rustic, green, tranquil, peaceful, beautiful Riviera Beach Bungalows. You can choose to share your room with another yogi/yogini, stay on your own or upgrade to a superior room. You will have the opportunity to practice your morning/evening yoga by the beach, or at the excursions arranged by Side Tour.

June weather in Northern Cyprus is relatively cooler than peak summer but still warm enough to enjoy a late summer holiday. The average temperature during the day is 30°C, evening 20°C, and the sea 24°C, with a 12-hour uninterrupted sunshine daily.

### Optional Extras:

- Scuba Diving
- Paragliding
- Mountain Safari
- Nicosia/Lefke City tours
- Local 'Meyhane' dinner
- Massages
- Boat Tour

# Reserve now

### Prices are inclusive of:

- 7-night accommodation at Riviera Beach Bungalows (5-night option available).
- Daily 1 hour Yoga and/or Meditation and 1 hour Pilates sessions with Suzan Altay (either at the Riviera or at sightseeing destinations by the beach/mountains/boat).
- 3 days Half Board (breakfast & dinner), 3 days Full Board (breakfast, lunch & dinner), 1 day dinner, 1 day breakfast.
- Excursion transfers and tour guides.
- St. Hilarion Castle and Karmi hiking tour.
- Famagusta and Buffavento Castle tour.
- Karpaz Peninsula tour

### Prices are exclusive of:

- Flights
- Private Airport Transfers:  
Ercan Airport-hotel transfer, £70 o/w  
Larnaca Airport-hotel transfer, £100 o/w  
Paphos Airport-hotel transfer, £170 o/w
- Room supplements:  
Single Supplement in a standard room: £190 p/w  
Single Hotel Room, Sea View upgrade: £240 p/w  
Double Hotel Room, Sea View upgrade: £70 p/w
- Extra nights at the hotel (HB):  
Double Standard Room: £65 p/p (single room supplement +£30)  
Double Hotel Room, Sea View: £70 p/p (single room supplement +£35)

## Itinerary:

- **Day 1, Saturday 20<sup>th</sup> June 2026:** (2 hours yoga/Pilates/meditation and dinner included) Transfer from airport to Riviera Beach Bungalows. 14:00 Check-in to the hotel. Free evening.
- **Day 2, Sunday 21<sup>st</sup> June 2026:** (2 hours yoga/Pilates/meditation and breakfast & dinner included) Free day & evening.
- **Day 3, Monday 22<sup>nd</sup> June 2026:** (2 hours yoga/Pilates/meditation and breakfast, lunch & dinner included) Our first stop will be the ancient city of Salamis where more than 150,000 people used to live in the 2nd century. The Roman theatre and the gymnasium with thermal baths show us the high standard inhabitants had lived at that time. The next short drive will take us to the Famagusta Walled City. In the historical center of Famagusta, we will visit the Lala Mustafa Pasha Mosque which has impressed visitors for centuries with masterful Gothic architecture. We will then visit the desolate Varosha, also known as 'Ghost Town,' to learn about the gloomy history of Cyprus wars. After lunch, the next point in our program is the Buffavento Castle. At 955m above sea level, Buffavento castle stands as the highest of the three crusader castles. It probably originated as a Byzantine watch tower to guard the island against Arab raiders in the 10th century. Although it takes a climb to reach to the castle, only the panoramic views that covers both the north shore, Nicosia and the Troodos Mountains in a good day alone is worth the efforts. You will also discover why the castle is named Buffavento, meaning "Defier of winds". And while you're standing at the top and enjoying the spectacular scenery, you might wonder how such a monument got built up there in the first place. After yoga and watching the magnificent sun set in the foothills of Kyrenia mountains, we'll drive back to the hotel. Free evening.
- **Day 4, Tuesday 23<sup>rd</sup> June 2026:** (2 hours yoga/Pilates/meditation and breakfast & dinner included) Free day & evening.
- **Day 5, Wednesday 24<sup>th</sup> June 2026:** (2 hours yoga/Pilates/meditation and breakfast, lunch & dinner included). Day trip to Karpaz Peninsula. Driving along the northern coastal road to the far end of the peninsula we'll have a coffee break at Island of Beach, lunch at Oasis Restaurant and head to Ayfion Beach for some free time to swim, relax and do sunset Yoga/Pilates/Meditation. After sunset will head back to Kyrenia. Free evening.
- **Day 6, Thursday 25<sup>th</sup> June 2026:** (2 hours yoga/Pilates/meditation and breakfast & dinner included) Free day & evening.
- **Day 7, Friday 26<sup>th</sup> June 2026:** (2 hours yoga/Pilates/meditation and breakfast, lunch & dinner included) Our day will start with a short drive from Kyrenia to St. Hilarion Castle. With walls and towers that appear to sprout out of the rocks almost randomly, it is rumored that it is used by Walt Disney as inspiration for the castle in "Snow White and Seven Dwarfs". The highest point is about 730m above sea level and the view is spectacular. There will be one hour Yoga/Pilates session at the top of the castle. After St. Hilarion Castle we will hike amongst the canyons to the picturesque Karmi Village for picnic. Return to the hotel. Free afternoon & evening.
- **Day 8, Saturday 27<sup>th</sup> June 2026:** (2 hours yoga/Pilates/meditation and breakfast included) 12:00 Check-out from the hotel. Transfer from Riviera Beach Bungalows to the Airport.

## LearnYogaLondon 20<sup>th</sup>-27<sup>th</sup> June 2026 Yoga & Pilates Holiday Terms and Conditions:

### 1. Deposit and Payment

1.1 A non-refundable, non-transferable deposit of **40%** of the total retreat price is required at the time of booking for each participant.

1.2 The remaining balance must be paid no later than **4 weeks prior to the retreat start date**.

1.3 Bookings made within **4 weeks** of the retreat start date must be paid in full at the time of booking.

1.4 If the deposit or final balance is not received by the stated deadline, LearnYogaLondon reserves the right to cancel the reservation and retain the deposit.

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### 2. Cancellation by the Participant

2.1 The deposit is strictly non-refundable.

2.2 In the event of cancellation by the participant, the following refund schedule applies (excluding the deposit):

- Cancellation **0–2 weeks** before arrival: **0% refund**
- Cancellation **2–4 weeks** before arrival: **25% refund**
- Cancellation **4–8 weeks** before arrival: **50% refund**
- Cancellation **more than 8 weeks** before arrival: **100% refund**

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### 3. Payment Currency and Bank Charges

3.1 All payments must be made in **GBP (Great British Pounds)**.

3.2 Participants are responsible for all transfer fees, including intermediary bank charges.

3.3 It is the participant's responsibility to ensure that payments are sent in GBP. If funds are received in another currency, the participant will be liable for any exchange-rate differences or shortfalls.

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### 4. Cancellation by LearnYogaLondon

4.1 In the unlikely event that LearnYogaLondon must cancel the retreat due to teacher unavailability, failure to meet the minimum required number of **5 participants**, or reasons beyond our control, the full amount paid by the participant will be refunded.

4.2 LearnYogaLondon is not responsible for any additional costs incurred by participants (e.g., flights, insurance, visas).

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### 5. Participant Responsibilities

5.1 Participants must review their booking confirmation and ensure that all personal details are correct.

5.2 Participants are responsible for ensuring they have valid travel documentation, including passports and visas, and that they comply with the entry requirements for Cyprus.

(<http://mfa.gov.ct.tr/consular-info/visa-regulations/>, <https://mfa.gov.cy/visa-information.html>,

<https://www.gov.uk/foreign-travel-advice/cyprus/entry-requirements>).

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### 6. Health, Safety & Fitness

6.1 Participants must comply with all health and safety guidelines provided by LearnYogaLondon.

6.2 It is the participant's responsibility to ensure they are medically and physically fit to take part in yoga, Pilates, walking activities, and any other retreat sessions.

6.3 Participants with injuries or health concerns should seek medical advice prior to attending the retreat.

6.4 LearnYogaLondon is not liable for injuries that occur as a result of participation in activities. Participants must stop exercising immediately if they feel unwell or experience pain and inform the instructor of any pre-existing conditions.

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### 7. Personal Belongings

7.1 LearnYogaLondon cannot accept responsibility for loss, theft, or damage to participants' personal belongings or valuables.

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### 8. Force Majeure

8.1 LearnYogaLondon is not liable for delays, disruptions, or non-performance caused by circumstances beyond its reasonable control, including (but not limited to):

natural disasters, acts of God, war, civil unrest, epidemics or pandemics, airline or supplier insolvency, strikes, flight cancellations or changes, government restrictions, travel bans, or third-party failures.

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### 9. Travel and Medical Insurance

9.1 Participants are strongly advised to obtain adequate travel, cancellation, and medical insurance for the full duration of the trip. Insurance should cover retreat activities, flights, illness, and unforeseen cancellations.

