

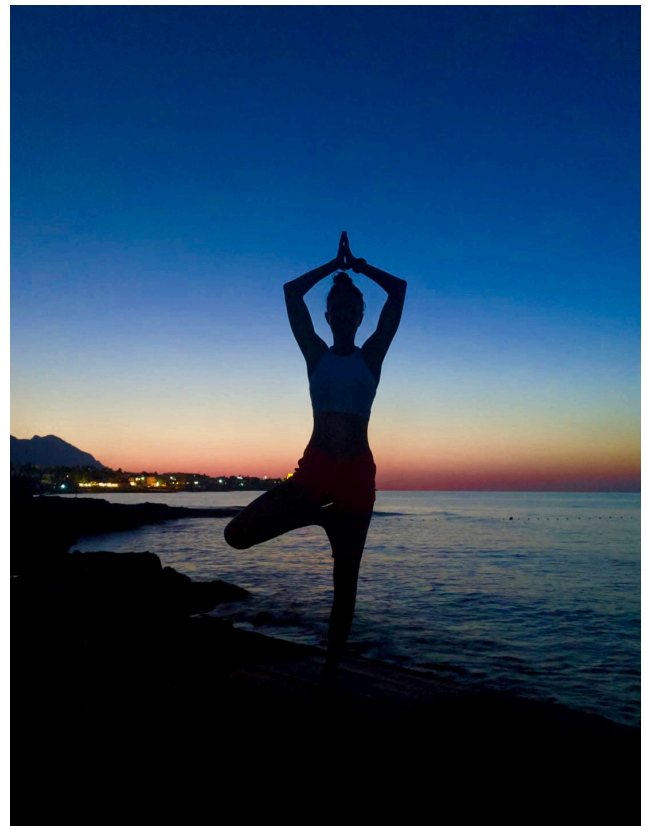
North Cyprus Yoga & Pilates Holiday

6th-13th September
2025

£1200 p/p*

*Based on 2 people sharing a standard double/twin room with private bathroom (single room and upgrade options available).

Pay deposit



Close your eyes and take a deep breath...Can you hear the waves of the Mediterranean and smell the sea? How about the morning and evening sun kissing your skin or the warm sand under your feet? Now exhale and join me for a holiday filled with Yoga, Pilates, Meditation, sun, and fun in Northern Cyprus.

The retreat will be held at the family run, rustic, green, beautiful Riviera Beach Bungalows. You can choose to share your room with another yogi/yogini, stay on your own or upgrade to a superior room. You will have the opportunity to practice your morning/evening yoga by the beach, or at the excursions arranged by Side Tour.

September weather in Northern Cyprus is relatively cooler than peak summer but still warm enough to enjoy a late summer holiday. The average temperature during the day is 30°C, evening 22°C, and the sea 26°C, with a 10-hour uninterrupted sunshine daily.

Optional Extras:

- Scuba Diving
- Paragliding
- Mountain Safari
- Nicosia/Lefke City tours
- Local 'Meyhane' dinner
- Massages
- Boat Tour

[Reserve now](#)

Prices are inclusive of:

- 7-night accommodation at Riviera Beach Bungalows (5-night option available).
- Daily 1 hour Yoga and/or Meditation and 1 hour Pilates sessions with Suzan Altay (either at the Riviera or at sightseeing destinations by the beach/mountains/boat).
- 3 days Half Board (breakfast & dinner), 3 days Full Board (breakfast, lunch & dinner), 1 day dinner, 1 day breakfast.
- Excursion transfers and tour guides.
- St. Hilarion Castle and Karmi hiking tour.
- Famagusta and Buffavento Castle tour.
- Karpaz Peninsula tour

Prices are exclusive of:

- Flights
- Private Airport Transfers:
Ercan Airport-hotel transfer, £60 o/w
Larnaca Airport-hotel transfer, £90 o/w
Paphos Airport-hotel transfer, £160 o/w
- Room supplements:
Single Supplement in a standard room: £175 p/w
Single Hotel Room, Sea View upgrade: £225 p/w
Double Hotel Room, Sea View upgrade: £60 p/w
- Extra nights at the hotel (HB):
Double Standard Room: £60 p/p (single room supplement +£30)
Double Hotel Room, Sea View: £65 p/p (single room supplement +£33)

Itinerary:

- **Day 1, Saturday 6th September 2025:** (2 hours yoga/pilates/meditation and dinner included) Transfer from Airport to Riviera Beach Bungalows. Check-in to the hotel. Free evening.
- **Day 2, Sunday 7th September 2025:** (2 hours yoga/pilates/meditation and breakfast & dinner included) Free day & evening.
- **Day 3, Monday 8th September 2025:** (2 hours yoga/pilates/meditation and breakfast, lunch & dinner included) Our first stop will be the ancient city of Salamis where more than 150,000 people used to live in the 2nd century. The Roman theatre and the gymnasium with thermal baths show us the high standard inhabitants had lived at that time. The next short drive will take us to the Famagusta Walled City. In the historical centre of Famagusta, we will visit the Lala Mustafa Pasha Mosque which has impressed visitors for centuries with masterful Gothic architecture. We will then visit the desolate Varosha, also known as 'Ghost Town' to learn about the gloomy history of Cyprus wars. After lunch, the next point in our program is the Buffavento Castle. At 955m above sea level, Buffavento castle stands as the highest of the three crusader castles. It probably originated as a Byzantine watch tower to guard the island against Arab raiders in the 10th century. Although it takes a climb to reach to the castle, only the panoramic views that covers both the north shore, Nicosia and the Troodos Mountains in a good day alone is worth the efforts. You will also discover why the castle is named Buffavento, meaning "Defier of winds". And while you're standing at the top and enjoying the spectacular scenery, you might wonder how such a monument got built up there in the first place. After yoga and watching the magnificent sun set in the foothills of Kyrenia mountains, we'll drive back to the hotel. Free evening.
- **Day 4, Tuesday 9th September 2025:** (2 hours yoga/pilates/meditation and breakfast & dinner included) Free day & evening.
- **Day 5, Wednesday 10th September 2025:** (2 hours yoga/pilates/meditation and breakfast, lunch & dinner included). A day trip to Karpaz Peninsula. Driving along the northern coastal road to the far end of the peninsula we'll have a coffee break at Island of Beach, lunch at Oasis Restaurant and head to Ayfion Beach for some free time to swim, relax and do sunset Yoga/Pilates/Meditation. After sunset will head back to Kyrenia. Free evening.
- **Day 6, Thursday 11th September 2025:** (2 hours yoga/pilates/meditation and breakfast & dinner included) Free day & evening.
- **Day 7, Friday 12th September 2025:** (2 hours yoga/pilates/meditation and breakfast, lunch & dinner included) St. Hilarion and Karmi tour. Our day will start with a short drive from Kyrenia to St. Hilarion Castle. With walls and towers that appear to sprout out of the rocks almost randomly, it is rumoured that it is used by Walt Disney as inspiration for the castle in "Snow White and Seven Dwarfs". The highest point is about 730m above sea level and the view is spectacular. There will be one hour Yoga/Pilates session at the top of the castle. After St. Hilarion Castle we will hike amongst the canyons to the picturesque Karmi Village for picnic. Return to the hotel. Free afternoon & evening.
- **Day 8, Saturday 13th September 2025:** (2 hours yoga/pilates/meditation and breakfast included) 12:00 Check-out from the hotel. Transfer from Riviera Beach Bungalows to the Airport.

LearnYogaLondon 6th-13th September 2025 Yoga & Pilates Holiday Terms and Conditions:

1. The customer shall pay LearnYogaLondon a non-refundable, non-transferable deposit in the sum of 30% of the total amount due for each person named in the reservation.
2. The remaining balance shall be paid by the customer to LearnYogaLondon no less than 4 weeks prior to the date of departure. Bookings within the last 4 weeks must be paid in full at time of booking.
3. If payment of either the deposit or the full balance is not received by the due date LearnYogaLondon reserves the right to cancel the reservation and retain the deposit.
4. In the event of cancellation by the customer, unless proven Covid positive, the following refund fees -minus the deposit- apply:
 - Cancellation 2 weeks or less before due arrival date, 0% refund
 - Cancellation 2 to 4 weeks before due arrival date, 25% refund
 - Cancellation 4 to 8 weeks before due arrival date, 50% refund
 - Cancellation more than 8 weeks before due arrival date, 100% refund
5. All international and national payments will be made in GBP.
6. All transfer costs (including intermediary bank charges) will be paid by the customer. It is the customer's responsibility to instruct their bank that the payment should be received in GBP by the receiver's bank. If the money is received in another currency, the customer will be liable to pay the difference in exchange rate between the international and national banks.
7. Due to teacher cancellations, not meeting the minimum required number of 5 people or other situations beyond our control, LearnYogaLondon shall refund the full fee to the customer.
8. It is the customer's responsibility to check the reservation and ensure that the particulars contained herein are correct.
9. It is the customer's responsibility to ensure that they have all the relevant travel documentation, visas and arrives at the airport in time (<http://mfa.gov.ct.tr/consular-info/visa-regulations/>, <https://mfa.gov.cy/visa-information.html>, <https://www.gov.uk/foreign-travel-advice/cyprus/entry-requirements>).
10. The customer must comply fully with the health and safety regulations introduced by LearnYogaLondon. The customer must ensure that they are medically and physically fit and able to use our facilities and participate in activities. Customers who have injuries or illnesses are advised to seek doctor's advice if practicing yoga/Pilates or joining walks. LearnYogaLondon is not liable for any injuries to the customer in their use of our facilities or participation in activities. A customer must always stop and rest if they are feeling any pain or sickness and inform the teacher of any previous injuries.
11. LearnYogaLondon cannot accept any responsibility for loss or damage of personal possessions or valuables of the customer.
12. LearnYogaLondon shall not be responsible or liable in any manner for any failures or performance delays nor for non-performance beyond its control or in the event of force majeure. This includes acts of God, natural disasters, war, civil strife, epidemic and pandemic diseases, airline and third party agency bankruptcies, airport closures or strikes, flight cancellations or flight changes, state of emergency in resident or destination country, ban on entry at destination country or ban on exit at resident country, and accidents or failure of performances by third parties, including suppliers and subcontractors.
13. We strongly recommend that all customers have adequate travel, cancellation and medical insurance for the duration of the trip.

